



IN GOOD HEALTH
HOLISTIC NUTRITION

INFORMED CONSENT FORM & TERMS FOR NUTRITIONAL CONSULTING

I am employing the consulting services of In Good Health [Teri Hlubik, MSNH], so that I can obtain information and guidance about health factors within my own control: my diet, nutrition, and lifestyle. By optimizing these factors, I believe I can nourish and support my health and well-being.

I understand that Teri Hlubik is a Natural Health and Holistic Nutrition Consultant. I understand she is not a medical physician and does not dispense medical advice nor prescribe treatment. Rather, she provides education to enhance my knowledge of health through the use of whole foods, dietary supplements, and emotional awareness. While support can be an important compliment to my medical care, I understand these services are not a substitute for medical care, and are not intended for the diagnosis, treatment, or cure of disease.

This is a contract between myself and In Good Health [Teri Hlubik, MSNH], and I understand that this is also a release of potential liability.

*I understand that In Good Health has a **48-hour cancellation policy**, and am aware that I will be charged an hour's fee for a missed appointment if proper notice is not given (by phone or email). This same integrity is in effect for Teri. Should she ever have to cancel within 48 hours of the appointment, your upcoming appointment is free.*

Client Signature

Date

Print Name



IN GOOD HEALTH
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